

## Books and Resources Referenced in the course - Grieving Together

### Resources to support bereavement and grief

- **Good Grief Toys by BackPocketTeacher** (Available from [www.backpocketteacher.co.uk](http://www.backpocketteacher.co.uk))
- **Bereavement and Loss Symbol Set** (Available from Widgit [www.widgit.com](http://www.widgit.com))  
A set of resources designed for children, young people and their families to help them through the process of bereavement and loss including specific resources dealing with particular aspects of bereavement.

### Storybooks to support bereavement and grief

- **Remembering Lucy by Sarah Helton** (Available from [www.backpocketteacher.co.uk](http://www.backpocketteacher.co.uk) & all major booksellers)  
Children with SEND (special educational needs and disabilities) often experience grief at a much younger age than other children. This touching short story will help children with SEND understand feelings caused by death and loss, and the beautiful hand drawn illustrations help convey the complex experience of bereavement in a simple and clear way. Included is a teacher's guide to talking about bereavement, grief and loss, making this the ideal aid for teachers and support staff at SEND schools and colleges.
- **I Have a Question About Death by Arlen Grad Gaines and Meredith Englander Polsky** (Available from all major booksellers)  
Clear answers for children about death, including those with autism.
- **A New Day by Fiona McDonald** (Available from all major booksellers)  
Grey mouse has died and Brown mouse is too sad to get out of bed. This book gently carries the reader through the early stages of grief.
- **Bear Shaped by Dawn Coulter-Cruttenden** (Available from all major booksellers)  
This book is based on a true story about a 7 year old boy who has autism and what happened when he lost his favourite teddy bear.
- **No Longer Alone by Joseph Coelho & Robyn Wilson-Owen** (Available from all major booksellers)  
A comforting story about loss, feelings and the power of being heard.
- **A Sky of Diamonds by Camille Gibbs**  
When Mia learns that her mother has died, all the colour in her world changes to a dreary grey. She feels guilty, angry, sad and lost (sometimes all at once), and she doesn't know what to do to feel better. Little by little, with the help of her Dad, Mia learns how to cope with her difficult feelings.

### Sensory Stories to support bereavement and grief

- **A Jumble of Knotted Thoughts by Sarah Helton** (Available from [www.backpocketteacher.co.uk](http://www.backpocketteacher.co.uk)).
- **Where have they gone by Joanna Grace** (Available from [www.thesensoryprojects.co.uk](http://www.thesensoryprojects.co.uk))

### Book to support professionals working in special schools and SEND settings

- **A Special Kind of Grief by Sarah Helton** (Available at [www.backpocketteacher.co.uk](http://www.backpocketteacher.co.uk))  
The complete guide for supporting bereavement and loss in special schools (and other SEND settings)
- **We All Grieve by Winston's Wish** (Available at [www.winstonswish.org](http://www.winstonswish.org))  
A booklet about supporting bereaved children who have special educational needs and disabilities.

For further support and advice please contact -

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